

WORKING GATESHEAD.

Whether you're out of work or trying to secure your first job, in work and thinking about a change, we can help.

- information advice and guidance
- coaching and mentoring
- understanding the jobs market
- advice around health, housing or debt
- using social media and looking for work online
- boosting confidence and self-esteem
- whatever is getting in the way of you leading a fulfilling working life

Get in touch workinggateshead@gateshead.gov.uk

www.gateshead.gov.uk/workinggateshead

